Ideal Christian Women's Fellowship P.O. Box 3219 Columbus, Ohio 43210



This newsletter is written monthly as the Lord leads. It's FREE because it's from the Lord. If you are not on the mailing list and you want to receive it, please contact me. To unsubscribe, just either call or write. Call (614) 833-1223 or email; Dulce@JohnRothacker.org

Our Radio & Internet program:

<u>Health & Truth for Today</u>, Wednesday,

11am - 12 noon, WLRY, 88.5 FM;

www.wlry.info

Spiritual Song given on Feb. 6/82 **WISDOM**

Wisdom, wisdom from the Father Wisdom, wisdom from Jesus Christ Wisdom, wisdom from the Father Wisdom, wisdom from above. I need Your wisdom In everything I do I need Your wisdom In everything I say Your wisdom is what I care To lead me to the path to share I need Your wisdom

Today!

Yes, indeed! Don't we all need the wisdom of God in every situation, in every circumstance, in every occasion, every moment of our lives? Without His wisdom we would make big mistakes that would ruin our lives if we had not asked for His great wisdom. We do need to ask the Father for His wisdom because it says,

"But the wisdom from above is first pure, then peaceable, gentle, reasonable, full of mercy and good fruits, unwavering, without hypocrisy" (James 3:17)

"Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding."

(Prov. 4:7) No matter how intelligent a person is, if wisdom is lacking, such knowledge will be futile. A person may have the gifts of the Holy Spirit, but if he lacks God's wisdom, such gifting

will not be used for God's glory because he lacks the understanding on how to deliver the gifts. We could either pray to get it or ask a confidant to pray for you to have it. "For this reason also, since the day we heard of it, we have not ceased to pray for you and to ask that you may be filled with the knowledge of His will in all spiritual wisdom and understanding," (Col. 1:9).

"But if any of you lacks wisdom, let him ask of God, who gives to all men generously and without reproach, and it will be given to him" (James 1:5).

Some uses of Hydrogen Peroxide:

Source: The Amazing Health and Household Uses of Hydrogen Peroxide. (H₂O₂)

First of all, use a 3% Pharmaceutical Grade HP which is available at grocery stores or drugstores.

In the Kitchen:

Clean bottles, jars & vases: Pour in equal parts of H_2O_2 and vinegar or lemon juice. Let stand a few minutes. Scrub with a bottle brush. Then rinse well with water.

Copper and Brass cleaner: Combine 1 T. salt, 1 T. flour, and 2 T of 3 % H_2O_2 . Rub on copper surface to be cleaned. Then wash in hot water with dishwashing liquid. Rinse and dry with a soft cloth.

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Information about Food:

From the book: <u>Detoxification</u> by Hal Huggins, page 29. (emailed by B. Loritz)

Pork is another one of those "I didn't know it did that" foods. If blood samples are taken 30 minutes after eating pork, one notes many ghosts in the cellular analysis. Ghost cells are red blood cells that have lost their hemoglobin. Twenty percent [20%] or more of the red cells can turn into non-oxygen carrying ghosts and make you feel fatigued. White blood cells do not seem to like pork either, but their reaction is not as notable [noticeable, noteworthy] as the red cell reaction. The spleen will contract when ghosts appear and quickly pump in more red blood cells so that the fatigue does not last long. The constant over production of red cells does put stress upon the cell manufacturing system, so this procedure is not good to continue for long periods of time.

This further proves that pork is not good for human consumption. Let's put into practice the wisdom, understanding, and knowledge that God is giving us on this matter, so we can avoid all diseases that pigs/hogs bring. They are created to clean the environment, to do the eating up of unclean things, and not to be eaten -- by holy people.